

# **BREAKFAST PLATES** •

**ALL DAY** 

#### MEDITERRANEAN BREAKFAST

Free range egg, sucuk (grilled spicy sausage), feta cheese, grilled halloumi, hummus, olives, mixed salad, served with sourdough toast & strawberry jam 13.5

### VEGAN BREAK 🔮

Vegan sausage, portobello mushroom, crushed avocado, roasted cherry tomatoes, heinz beans, hash browns & vegan sourdough toast

### THE POSH ONE

Poached free range egg, smoked scottish salmon, crushed avocado, portobello mushroom, roasted cherry tomatoes served on sourdough toast 13.5

### LOVAGE PANCAKE BREAKFAST

(vegetarian option available) Free range egg, turkey rashers, hash browns, beef sausage, heinz beans, American pancakes topped with seasonal fruits, maple syrup & sourdough toast

13.5

### FRENCH TOAST BRUNCH

Free range egg, turkey rashers, beef sausage, hash browns, heinz beans, warm brioche French toast with Biscoff sauce & crumbs, topped with fresh seasonal fruits & maple syrup 14.4

#### AMERICAN BREAKFAST

Free range egg, streaky bacon, cumberland sausage, hash browns, heinz beans served with American pancakes, seasonal fruits, maple syrup & sourdough toast (Add Biscoff sauce & crumbs 50p) 13.5

#### LIFE ON THE VEG •

Free range egg, grilled halloumi, smashed avocado, hash browns, veggie sausage, heinz beans served with sourdough toast

### TRADITIONAL ENGLISH

Free range egg, streaky bacon, cumberland sausage, portobello mushroom, hashbrown, heinz beans served with sourdough toast 12.8

#### CROUCH END BREAKFAST

Free range egg, turkey rashers, beef sausage, hash browns & heinz beans served with sourdough toast 10

# • LIGHT EGGS •

#### **EGGS ROYALE**

Cured smoked scottish salmon on toasted sourdough with smashed avocado and 2 free range poached eggs served with hollandaise sauce 12.8

### CLASSIC BENEDICT WITH **FRIES**

Streaky bacon on toasted sourdough with 2 free range poached eggs, hollandaise sauce served with fries

### AVOCADO BENEDICT

Smashed avocado, two poached hens eggs on toasted sourdough, hollandaise sauce

# • OMELETTES •

Our fluffy 3 egg omelettes are served with salad garnish & fries

### KEEP ME HEALTHY

Spinach, cherry tomato, mushroom 12.8

### **ESPANA**

Mixed peppers, cherry tomatoes, mushroom & red onion 12.8

### MEDI OMELETTE

Mozzarella cheese, cherry tomatoes & red onion 12.8

# TOASTED SANDWICH

Choice of sourdough toast or New York bagel

### **BREAKFAST BLT**

Egg, bacon, lettuce & tomato 7.5

### GRILLED HALLOUMI & • AVOCADO

Crushed avocado, grilled halloumi, mixed leaves & tomato 7.5

### SMOKED SALMON & CREAM CHEESE

Smoked salmon & cream cheese

# • ADDITIONS •

SMOKED STREAKY BACON 2.5

HEINZ BEANS 1.5

VEGGIE SAUSAGE 2

DOUBLE PANCAKES 3.5

TURKEY RASHERS 2.5

SMOKED SCOTTISH SALMON 3.4

BEEF SAUSAGE 2.4

AVOCADO 2.8

ROASTED CHERRY TOMATOES 1.8

SOURDOUGH TOAST 1.2

CUMBERLAND SAUSAGE 2.4

HASHBROWNS 2.2

PORTOBELLO MUSHROOM 1.8

VEGAN SAUSAGE 2

### KIDS BREAKFAST

Bacon, egg & beans with sourdough toast

# KIDS CORNER •

For kids under 12 only

### KIDS PANCAKE

2 Stacked pancakes with chocolate sauce & maple syrup



### KIDS CHICKEN NUGGETS

4 Pieces of chicken nuggets with fries

# • BOWLS •

#### **GRILLED SALMON**

Grilled seasoned salmon on mixed salad with tartar sauce

13

### CHICKEN CAESAR

Grilled chicken on lettuce, croutons, parmesan & cesar dressing

### AVOCADO & HALLOUMI SALAD 💿

Grilled halloumi on mixed leaves, grilled sweet peppers, avocado & honey mustard dressing 12.5



# • BURGERS •

#### THE CLASSIC

Grilled beef patty with lettuce, red onion, sliced tomatoes, gherkins, burger sauce & melted american cheese served with fries 13.5

#### LO'VAGE BURGER

Golden crispy breaded chicken breast on lettuce, red onion, tomatoes, sweet chilli sauce & mozzarella cheese served with fries & homemade coleslaw 13.5

# • MAIN PLATES •

#### GRILLED SALMON FILET

Grilled seasoned salmon filet with sweet potato fries & mixed salad 14.8

FALAFEL V

4 Pieces of falafel on mixed salad, hummus,

smashed avocado & fries 12.8

### GOLDEN SCHNITZEL

Golden crispy fried chicken breast served with fries, salad & homemade coleslaw 13.8

Marinated grilled chicken served with fries, salad & homemade coleslaw 14

MEDITERRANEAN CHICKEN

#### SIRLOIN STEAK

21 Day dry aged sirloin steak served with grilled cherry tomatoes & fries

# • WRAPS •

### SWEET VEGGIE 🚳

Grilled halloumi, lettuce, sweet grilled peppers, sweet chilli sauce & fries 12

### SOUTHERN FRIED CHICKEN

Southern fried chicken with lettuce, mayonnaise & fries 12

### VEGAN WRAP 👽

Falafel, hummus, lettuce, sweet chilli sauce & fries 12



HOMEMADE COLESLAW

**FRIES** 

**GRILLED HALLOUMI** 

SOUTHERN FRIED CHICKEN

SWEET POTATO FRIES

HAND-CUT CALAMARI RINGS HALLOUMI FRIES

LEMONGRASS & CHILLI **PRAWNS** 

5.5

# AMERICAN PANCAKES

### NUTELLA PANCAKES

American pancakes layered with warm nutella, chocolate sauce, banana & maple syrup

### **BISCOFF SPECIAL**

American pancakes covered in biscoff crumbs, biscoff sauce & maple syrup

### **BERRIES PANCAKES**

American pancakes served with fresh mixed berries & maple syrup

# • DESSERTS •

#### NEW YORK VANILLA CHEESECAKE

### **CHURROS**

#### BISCOFF FRENCH TOAST

### PANCAKE TACOS

Oven baked vanilla flavour cheesecake served with mixed seasonal berries

Served with nutella or biscoff crumbs & biscoff sauce 5.5

Warm brioche French toast with Biscoff sauce 4 pancakes tacos with biscoff & crumbs, fresh seasonal fruits & maple syrup

crumbs, biscoff sauce & seasonal fruits 12

# MILKSHAKES

Made with Gelato ice cream

**BISCOFF** 5.5

**CLASSIC SHAKES** 

**HONEYCOMB** 

Vanilla or Strawberry



# SMOOTHIES

(Add scoop of protein powder for 1.5)

PICK ME UP

GO AWAY DOC

TROPICAL BEACH

Strawberry, Banana, Peach

Spinach, Kale, Pineapple, Cucumber

Pineapple, Mango, Pear

# HOT DRINKS

ENGLISH BREAKFAST TEA

2.9

PEPPERMINT TEA 2.9

LATTE 3.4

**AMERICANO** 

MIXED BERRY TEA

**GREEN TEA** 3

3

3

FLAT WHITE 3.4

**MACCHIATO** 

FRESH LEMON & MINT TEA

2.8

**CHAMOMILE TEA** 2.9

**ESPRESSO** 2.8

**CAPPUCCINO** 3.4

POT OF TEA (6 Servings)

4.5

HOT CHOCOLATE

RUBY HOT CHOCOLATE (Served with cream and marshmallow) CHAI LATTE

(Served with cream and marshmallow) 3.5

3.5

MATCHA LATTE

# COLD DRINKS •

FRESHLY SQUEEZED ORANGE JUICE

SAN PELLEGRINO ARANCIATA 3.5

APPLE JUICE 3

ICED LATTE

5.5

4.5

COKE/DIET 3.4

SAN PELLEGRINO LIMONATA 3.5

ROSE LEMONADE 3.5

STILL/SPARKLING WATER

2.4

Service charge is optional and will not be included in your bill. However, 12% will be added to groups of 3 or more. All tips are shared with our lovely staff. Please inform your waiter if you have any allergies or intolerances













VEGETARIAN VEGAN

SHELLFISH

DAIRY

**FISH** 

NUTS